



EMERGENCY PREPAREDNESS KIT



Shopping List:

Think first about the basics for your family’s survival, particularly food and water. Consider two kits. In one, put everything you and your family will need to stay where you are. The other should be a portable version you can take with you in case of evacuation. Be sure to review your kits regularly to ensure that their contents, especially foods and medicines, are fresh.

Basics to pack in your Preparedness Kits for your home, work or school and vehicle:

- Water - one gallon of water per person, per day, for at least three days (for drinking and sanitation)
- Non-perishable food - at least a three-day supply of non-perishable, ready-to-eat food
- Battery powered radio/hand crank radio
- NOAA Weather Radio with tone alert
- Batteries (AAA, AA, C, D, 9-volt)
- Flashlight
- First aid kit
- Multi-purpose tool
- Whistle
- Antiseptic towelettes
- Garbage bags with plastic ties
- Dust mask
- Cell phone charger
- USB hand crank charger (may be included on hand crank radio)
- Blankets for each person
- Rain ponchos
- Personal hygiene supplies (toothbrush, paste, sanitary napkins, soap, towel, etc.)
- Prescription medications (seven-day supply suggested)
- Cash
- Can opener
- Paper and pencil for notes
- Pet supplies (food, water, blanket, medications)
- Children/baby supplies (diapers/wipes, formula, baby food, coloring book/crayons)

Additional items to have on hand at your home and work or school:

- 7 gallon water holding container
- Plastic sheeting and duct tape
- Additional blankets
- Fire extinguisher
- Carbon monoxide detector
- Wrench or pliers to turn off utilities
- Rake
- Snow shovel
- Deicer
- Sand/non-clumping litter
- Outdoor faucet insulation materials/covers
- Camping stove and fuel (for outdoor use only)
- Firewood and water-proof matches (for wood burning fireplace or outdoor use only)
- Water purification equipment
- Medical supplies (hearing aids and batteries, glasses, contact lenses and solution, syringes, cane)
- Emergency reference materials such as a first aid book
- Household liquid chlorine bleach (unscented with no added cleaners) and medicine dropper
 - You can use bleach as a disinfectant (dilute nine parts water to one part bleach). If you can’t boil water, in an emergency you can also use bleach to purify water. Add 1/8 teaspoon (or 8 drops) of regular, unscented, liquid household bleach for each gallon of water, stir it well and let it stand for 30 minutes before you use it.
- Two-way radios
- Safety beacon/flashing light
- Extra batteries (AAA, AA, C, D, 9-volt)