



GAMEDAY SURVIVAL GUIDE



Get Gameday Prepared for winter weather conditions. Most winter weather items can be worn or carried into the stadium. Double check your favorite team's stadium carry-in rules.

Stay Warm:

- ☐ Dress in warm layered clothing so you can adjust your body temperature. For example, wear a moisture-wicking thermal base under pants and a sweater or fleece with a warm winter hooded jacket (preferably water-resistant) as an outer layer. More layers are recommended for colder games.
- ☐ Carry a waterproof poncho in your pocket to protect your layers from getting wet. Umbrellas are not allowed in many stadiums.
- ☐ Wear warm, waterproof shoes or boots with warm and/or layered wool socks.
- ☐ Wear a warm hat that covers ears, a scarf or balaclava, mittens/gloves and carry hand and toe warmers to keep extremities warm.
- ☐ Toss a blanket over your shoulder and carry in separately from the items packed in your approved plastic bag on cold days for additional warmth.

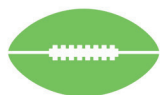
Prepare Yourself:

- ☐ Give yourself extra time to travel by vehicle, bus, train or ferry. Winter weather can disrupt roads, routes and schedules. Also, increased ridership during bad weather can result in crowded rides. Expect delays and long waits.
 - ☐ Pack and bring extra portable water, non-perishable food, mini first aid kit, medicines, small flashlight with extra batteries, a completed Emergency Contact Card, and a whistle (to signal for help) with you just case of an emergency.
 - ☐ Keep contact devices (cell phones, smart phones, tablets) fully charged prior to heading out in the elements for an extended length of time. To ensure backup, bring chargers for contact devices with you.
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Before you travel to the game - whether you are driving or using public transportation - double check weather forecasts and traffic reports and prepare accordingly. The following guidelines will help you get to and from the game safely during hazardous winter weather conditions.

If you are driving on Gameday, get your vehicle ready:

- ☐ Make sure your vehicle is properly serviced and maintained to avoid costly repairs, reduce CO2 emissions, and maintain optimum fuel economy. Ensure the electrical systems, brakes, batteries, lights, windshield wipers, antifreeze and heating and cooling systems are in good shape.
- ☐ Check your tires - they are very important. Keep tires properly inflated and make sure they have adequate tread. Plan ahead - tire dealers are busiest before and during winter storms.
- ☐ Prepare a vehicle emergency kit, including a radio, flashlight, extra batteries, a first-aid kit, emergency contact information, water, and non-perishable food. (Additional items to place in your vehicle are listed on reverse)
- ☐ Double-check your vehicle for winter weather travel gear like extra warm clothing, a blanket, a small shovel, sand or non-clumping litter, emergency flares, de-ice materials, tire chains, and an ice scraper.
- ☐ As the temperature drops, keep your gas tank at least half full; the extra gas helps reduce condensation that can plug your fuel line with ice and stall your engine in cooler weather.
- ☐ Carry tire chains and double check they are a proper fit for your vehicle's tires.



Additional Items To Include In Your Vehicle:*

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| <input type="checkbox"/> Portable Water - Four, 16oz bottles per person per day (change out frequently) | <input type="checkbox"/> Safety beacon/flashing light |
| <input type="checkbox"/> Non-perishable Food - Easy-open snack bars, trail mix, crackers | <input type="checkbox"/> Tool kit - Include adjustable wrench, screw driver with adjustable bits (flat, square, Phillips), hammer, tow rope, duck tape |
| <input type="checkbox"/> First aid kit, including personal medications | <input type="checkbox"/> De-icer for vehicles |
| <input type="checkbox"/> Flashlight and extra batteries | <input type="checkbox"/> Ice scraper/brush |
| <input type="checkbox"/> Emergency Contact Card - Place with vehicle insurance information | <input type="checkbox"/> Jumper cables |
| <input type="checkbox"/> Winter clothing for each traveler - Carry coats, boots, hats, gloves/mittens and/or scarves for each traveler – anything that would keep them warm if they need to evacuate the vehicle | <input type="checkbox"/> Small shovel and traction aids (sand, non-clumping litter, chains) |
| <input type="checkbox"/> Whistle to signal for help | <input type="checkbox"/> Paper, pen and local maps (with pre-determined travel routes) - If you must leave your vehicle, be sure to leave a note telling others your travel plans |
| <input type="checkbox"/> Hand warmers | <input type="checkbox"/> Cell phone charger and/or extra battery |
| <input type="checkbox"/> Blankets for each traveler | <input type="checkbox"/> Antiseptic towelettes, garbage bags and plastic ties for personal sanitation |
| <input type="checkbox"/> Rain gear | |
| <input type="checkbox"/> Emergency flares and bright roadside traffic signal (cone, triangle) | |

* For a list to build a more detailed personal preparedness kit for your vehicle, go to TakeWinterByStorm.org.

If you are taking Public Transportation on Gameday, get Storm Ready and be aware of delays due to winter weather conditions:

Know Before You Go:

- ☐ Well before you need to leave on Gameday, make a plan and a back-up plan for using public transportation in case travel conditions worsen. Check websites of the various transportation agencies you use to find winter-travel information.
- ☐ Check weather and road conditions before you leave. If traffic is delayed in the areas where you plan to travel, then transit will likely be delayed.
- ☐ Check online for the status of rail, bus or ferry service with the appropriate agency.
- ☐ Know the snow routing for the systems and routes you use; be aware that some locations might not be served during snowy or icy weather. Bus riders should wait at bus stops at the very top or very bottom of hills, because buses are often unable to stop for passengers on inclines.
- ☐ In severe weather conditions, head for boarding areas at major transportation hubs. For bus service, go to stops on main arterials or at major transfer points such as park-and-ride lots, transit centers, or shopping centers.
- ☐ Subscribe to alerts offered by the different transit agencies you use, or may want to use during winter weather. Be aware that bus tracking programs outside of the transit agencies you use lose accuracy when buses are rerouted or significantly delayed, so your favorite smart phone apps may not be reliable during this time. Links to transit agency alerts and local/regional emergency alert notifications in your area can be found at TakeWinterByStorm.org.